
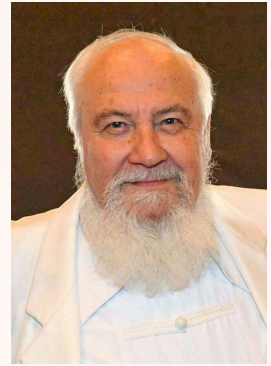


A Tribute to Tibor Putnoki And the Light of Love Foundation



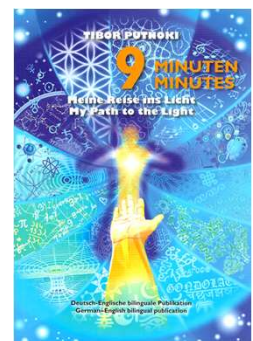
Robert G. Mays, BSc
Suzanne B. Mays, AA, CMP
ISGO presentation, October 15, 2021
www.selfconsciousmind.com
YouTube channel 



1

Tibor Putnoki (1946 – 2020)

- **Biography and background**
 - Tibor Putnoki was born on October 1, 1946, on the floor of a railway boxcar. He was forcibly taken away from his parents when they entered Hungary as refugees after the war, and he was raised in an orphanage.
 - In his youth, he struggled to establish himself in the world
 - At 16, he learned to fly but his career was cut short later by an accident while flying
 - Overcoming further medical challenges in midlife, his aim in life became money
 - At the time his life felt secure, he had another health challenge—
incredibly high blood pressure

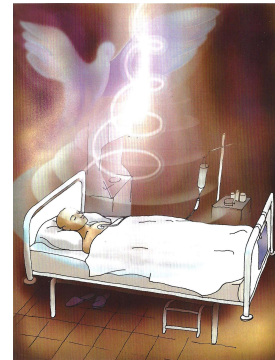


Putnoki, Tibor (2016). *9 minutes: My path to the Light*. Szeretet Fénye Közhasznú Alapítvány.
Illustrations: copyright © Tibor Putnoki, Szeretet Fénye Közhasznú Alapítvány, and Beáta Vavrincz.

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Tibor's NDE – part 1

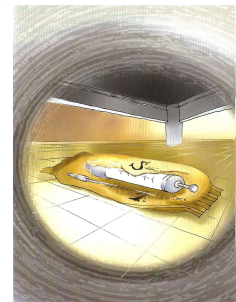
- With extremely high blood pressure, Tibor becomes unconscious and is taken to the county hospital intensive care unit.
- Tibor wakes up the next morning, April 14, 1994. Around 10 o'clock, he feels pain and constriction in his head and chest
- Then a sharp crack and a deep silence
- He feels weightless and levitates; pain disappears
- The nurse cries out, "The patient is going!"; the doctor is summoned
- The thought crosses his mind, "Who can that patient be?"
- I can see the bed, with the patient on it, and the doctor above the patient, the doctor fights hard.



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Tibor's NDE – part 2

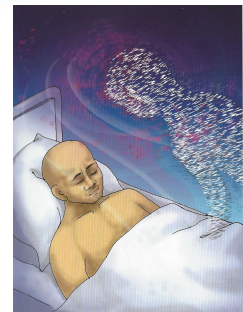
- Tibor hears the doctor call for another nurse who is in the preparation room. He thinks, "What sort of room can that prep room be?"
- The thought propels Tibor to the prep room
- A package falls under the glass cabinet. "What can be in this package?"
- "Where is the nurse's husband calling from?"
- This thought propels Tibor to the nurse's apartment
- Tibor looks around the apartment and notices the man's white socks decorated with different animals



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Tibor's NDE – part 3

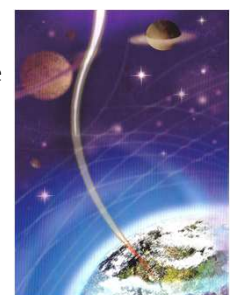
- Tibor feels he is weakening and finds himself back in the hospital room. Everybody is busy with that patient. Why does no one take care of me?
- “Who could that patient be?” ... “This is impossible! Am I there and here also?”
- My body appears as substance-less, and yet it still has a shape; sort of amoeba-like.
- The nurse from the prep room enter with her cart. She pushes the cart right through me.
- I try to grab the doctor's hand, his arm but oddly enough his body leaks through my fingers, like a thick liquid.
- I start shouting. “Please help me, Doctor, help me! I don't know what happened to me!” The doctor just keeps talking to himself.
- The nurse bends down to grab his hanging arm. The force of her movement pushes Tibor halfway into the wall.



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Tibor's NDE – part 4

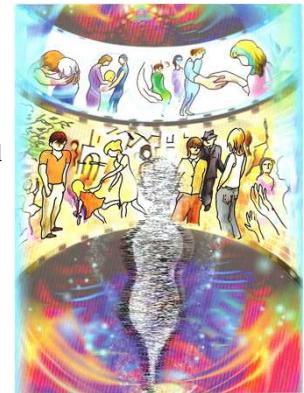
- The fear and horror is growing in me. When I can't stand it any longer, somewhere far in the distance a little light appears. A wave of happiness and Love fills my being.
- The light comes near and nearer. It fills the room with its shining, warmth, and light.
- The light lovingly lifts me up. I'm floating in the light, higher and higher. We go through the ceiling.
- As we go higher, I look down and see the surgical intensive care unit. I see the beds and the patients on them and know everything about them.
- We are now floating higher and higher. I see the whole city from above. We are lifting higher and higher, and I see the whole Earth at once.
 - Everything is beautifully blue around me. I'm travelling with the light itself towards a more beautiful, a more radiating light.
 - Then there are wonderful music tones around me, and I cry out with joy



6

Tibor's NDE – part 5

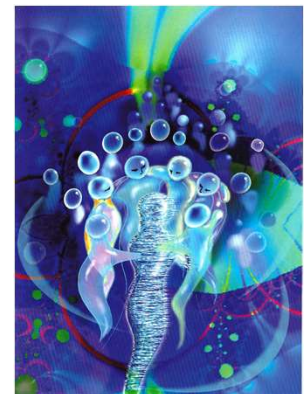
- The Light and I stop abruptly in a huge hall
 - Am I in a cinema watching a screen? I realize it is not a film playing on it—it is my life!
 - I see my birth, my life in the sick room at the orphanage with other sick children
- Slowly I see every piece of my life, the results of my deeds and actions—both the good and bad
 - The Light — 'He' is there next to me, encouraging me, without judgement
 - I see those times when love had been present in others, *but not in me*
 - Angry with others; rejected kindness; hurt others; blamed others for his failures
 - I wish I could make up for it all, but still, *it should be told to people* how I acted—*don't you do the same, don't live like me!*
- A decision has to be made; well, I make it!
 - I know that the life I lived is not completed. I did not live how I could have lived; I didn't do what I could have done. Yes, the punishment must follow.
 - 'He' speaks: "Have no worry, there is no problem, all can be redeemed."
 - Did 'He' misunderstand something? I obviously failed, messed up. Is there anything worse than that?
 - The voice speaks again in an even kinder resonating tone: "Have no worry; there is no problem. All can be redeemed."



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Tibor's NDE – part 6

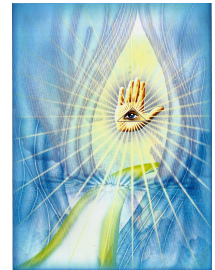
- The screen disappears; the room disappears; we slowly begin to move upwards
 - The Light becomes brighter, the sound of music is already pulsating inside me
 - Then somewhere in the far distance big gates are opening. Light pours out from them. I feel the gate is inviting me, waiting for me.
 - Yes, there it is, there is a City of Light; a City of Light which is my home, everyone's home.
 - This is where I came from; I am going there; I am going home.
- Then as if some stars are streaming towards me, I recognize Beings drawing near, they are Brothers/Sisters.
 - They are like me, only they are more beautiful, cleaner, lighter.
 - These are not flesh and bone Brothers/Sisters but Brother-Sister Beings.
 - They surround me and I feel that we know each other, as if we were together for many, many lives. These starry Beings speak to me:
 - "Brother, have you come? Brother, we have been waiting for you."



8

Tibor's NDE – part 7

- I am drawn closer and closer to the light that is pouring out through the gates. The gates are opening, a wonderful feeling pervades me.
 - Oh no! Something is not right! At the gate a kind of white line, the threshold appears. Its oscillating light causes me pain.
 - Suddenly an urgency fills me – go faster! We must get beyond this as soon as possible! It does not bode well! Not at all!
- At the gate, there 'He' is, on the threshold. I see a beautiful palm and in its center a triangle and inside the triangle a living, shining eye emanates warmth
 - "Not yet, You cannot enter yet! You have decided, so You cannot enter yet! You made a decision."
 - I think, "But I have not decided. How would I dare to make a decision in 'His' presence? My home is there, beyond the threshold. There is nothing behind me but a ruined life that I myself have spoiled. No! Not that! I am going home."
 - But the hand stops me again and again. Without hurting me or causing me pain, it commands me to stop. I inwardly protest.
 - 'He' speaks again more kindly, more soothingly: "It is not yet possible since you have decided, you have decided!"
 - "What could this decision be?" A feeling passes through me, a thought: 'People should be warned not to live like this. Oh my God, *they should be told not to act like this.*' Was this a decision? It was my feeling, my thought. But if 'He' takes it for a decision, then I accept it.



9

Tibor's NDE – part 8

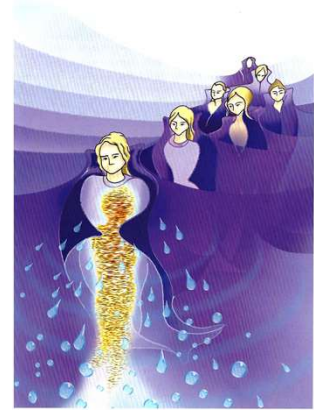
- The hand disappears; I can only feel 'His' presence somewhere in the distance; I don't enter but I look into the world beyond the threshold.
 - It is more beautiful, more wonderful than anything else. This world beyond the threshold is beyond all imagination. It is light. Everything consists of light.
 - And I see the Brothers/Sisters—they are Beings of Light. Love shines in them. A wonderful blue light pours from every one of them to each other and to everything around.
- The Brothers/Sisters come towards me again. They surround me. They gently lead me away and "give" me knowledge and teach me.
 - Wonderful 'hands' reach inside me and take something out of me. Then the Brother-Sister's palms open and in them is wonderful knowledge.
 - "This is inside all Human Beings. All Humans know this." Beautiful knowledge! All this is inside me? I want to know it all! I throw myself into absorbing this knowledge.
 - Their hands stop. What is left is MY personal knowledge—a tiny grubby speck. Was this all I knew? Can I only add so little to the knowledge of others?



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Tibor's NDE – part 9

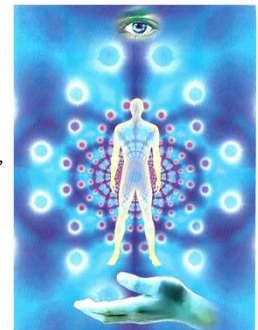
- I can still see the world beyond the threshold. I can see the past, the past of many people.
 - I can see Ancient Man and future Man. Simultaneously present, past, and future are there.
 - I can see the lives of many humans at the same time. This is what was, and what will be the life of others.
 - I see that they come and surround me. Yes, I see and know that they are reaching towards me, they promise, they promise and perhaps some of them even swear.
 - Then I see that I am alone by myself. I see it happen again and again. Again and again, it's I who needs to take the first steps.
- Then I see a smiling face. Yes, 'He' speaks:
 - It is going to be like this. This is what is *waiting* for you!
 - You need to take it on, since you decided that you would warn and speak, and act.
 - Here is the Light, here is the Love. It is now time! Go now, go!"



11

Tibor's NDE – part 10

- The City of Light slowly begins to move away, the threshold and the Brothers/Sisters as well. The pain of this loss overwhelms me.
 - But I can feel 'Him' inside and around and everywhere. I know that 'He' will be with me.
 - The bed is below me. Oh no! Again? The bed is below me, the body rests on top of it.
- The doctor is still sitting on top of that body. His two hands hanging down, his head bowed. A strange feeling pours out of him—anger, wrath at himself.
 - "What is my life worth? Why do I live at all? Why did I study? Why, if I am not able to save him? What is all this knowledge worth? What is human will worth?"
- So, the body is there. What shall I do with it? I feel I should do something. Should I occupy that body again?
- I see 'His' smile. 'He' is smiling, a smile one cannot resist.
 - Very frightened, slowly I touch the body. Compared to my present state it is dirty, fatty, bloody, and filthy, still it was mine! I try to maneuver myself inside it so that I touch it as little as possible.
- Suddenly I realize that I have not asked 'Him' what I must do. I gather my courage and I call out: "My work - What is my work!?"
 - I feel 'His' smile is wider, kinder, and then I hear 'His' reassuringly familiar voice: "Be happy! Be happy!"
- I feel a distance growing and 'He' is slipping away from me, but I still hear 'Him': "The New Commandment ... The New Commandment ... The New Commandment ..."
- The doctor is jumping on me, I can hear his voice: "He lives! He is alive!"



12

Tibor's NDE – part 11

- Again and again, I can feel the doctor's excitement above me and his joy. The instrument recording the heartbeat registers that there was a nine-minute interval between heartbeats.
 - Then I fall into a deep sleep—a soothing, calming sleep. About two hours later I slowly wake up, I open my eyes. And yes, the doctor is sitting next to me, excitedly waiting.
 - When he notices that I have regained consciousness, he says, “Can you relate what you have been feeling? Can you speak about what you have seen? Tell me, I am curious!”
 - I begin to tell him all, everything that has happened to me, what I have experienced during those nine minutes. And then slowly, slowly I get to the end, and he jumps up. “I need to prove this; I need to check this!”
- He runs with his notebook to the prep room—Yes! The small bag is there, the needle inside with the number and letter the same as those he has written down.
- He runs up stairs to the surgical intensive care unit—“I would like to check something, please help me!”
 - The doctor points to the bed and says the name and illness of the patient. The surgeon replies: “Yes, this is true.”
 - Then he goes from bed to bed and when all is correct, the surgeon asks: “Tell me, since when are you aware of the contents of our patient records?”

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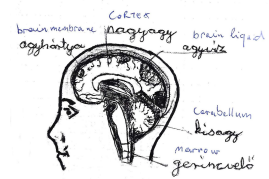
Tibor's NDE – part 12

- Then he asks the prep room nurse, “Do you know the patient? He says he visited your apartment.” The nurse protests, “Oh no, no!” “Are you sure?” The nurse is quite definite, “Yes! Yes!”
 - The doctor starts to read the description of the room: what the carpet looks like, the furniture with its beautiful carving, the books, the bed, everything. The nurse is astonished. “Yes, yes, yes.”
 - The doctor is now really shaken. “It’s impossible because I was sitting on him. To believe this I must see it with my own eyes, I am sure it will not look the same.” The nurse agrees to drive him to her apartment.
- Hours later the patient awakens. The doctor is standing there awkwardly and says, “Everything is as you said it was—everything! And look, here are the socks, white with red animal figures on them.”
 - The patient’s face breaks into a smile, the doctor also smiles as he remembers what the patient had said about the one wearing the socks. “But here are the socks. This proves that everything which is impossible is possible.”
- The doctor wishes to test the patient: “Last week, an important surgical cloth got lost here. The surgeon left it here somewhere, we are still looking for it. Have you seen it somewhere maybe?”
 - The patient smiles and points to an eight-foot-tall cabinet and says: “There it is on the top, gathering dust.”
 - The doctor climbs on a chair and with difficulty retrieves the cloth. “But I sat on the patient. He could only have seen it from above.”

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Near-Death Experience - Aftereffects

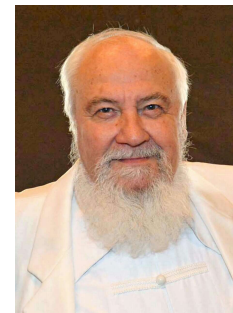
- After his recovery, Tibor still has extremely high blood pressure but otherwise appears normal. He is transferred immediately to a clinic in Budapest
 - His days are spent with a lot of tests and exams, until they ban him from the x-ray
- A Japanese professor comes to the clinic to teach the doctors a relaxation technique for the patients. Tibor is their first subject.
 - Tibor has an out-of-body experience and returns beyond the threshold visiting the Brothers/Sisters
 - Tibor is enlisted to help other patients learn this relaxation technique
- Tibor's wife Piroška visits him, and he begins to see inside her body
 - Tibor makes sketches of what he saw, for example her brain. The doctors are astonished.
- The clinic is to be renovated and the patients must be relocated. Because Piroška is a nurse, Tibor is allowed to go home for Christmas. He never returns to the clinic.
 - Tibor teaches Piroška the relaxation technique and how she should bring him back from that state. With the relaxation technique, Tibor can keep his condition under control.
 - A friend suggests that people using Reiki healing could help him understand more. Tibor ends up teaching the Reiki practitioners out of the knowledge he brought back from his NDE.



15

Light of Love Foundation

- Tibor first told his NDE story in public in 1996.
 - He knew that he could not simply *talk* about Love because Love is invisible here on the Earth without *actions* and *deeds*.
 - Also, he didn't want to fulfill his task of being happy alone but *with others*.
- Thus, he organized a living organization—the Light of Love Foundation—where a living force, the *Light of Love*, is working.
- Tibor brought over from the spiritual world a whole system of teachings, techniques, and Love.
- The Foundation's basic principle is to *live in Love* to help *oneself* and *others*.
 - There are more than a thousand volunteers and since 1995 they have helped over 100,000 people in Hungary, UK, Spain, US, and Switzerland
 - The Foundation's activities are voluntary and free.
 - One does not need special skills or knowledge; Love belongs to all of us and in all life situations it is possible to experience Love.
 - An example: After giving his lecture in a youth detention center in South Africa, the boys promised Tibor that they would go on "to live a life worthy of a human being."



Boys in a youth detention center in South Africa with Tibor (2010)

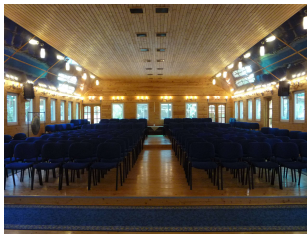
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Light of Love Foundation Centers

- Királd – Rural Center



- The “Ark”



17

Practical Work in the Foundation

- Massages (back, hands, and feet)
- Camps for harmonization, relaxation, self-knowledge
- Gymnastics for posture development
- Preserving one’s cultural heritage – traditional drumming
- Cultivating one’s talents – art, music, movement



Traditional Drummer Group in Spain, 2016



Traditional Hungarian Drummer Group, 2016

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Annual Cultural Gathering 2016 ...



Cultural Gathering audience of ~500



Artistic presentation gymnastics exercises



Classical music – violin and piano



Colorful Scarf Dance

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Annual Cultural Gathering 2016



Spanish dance – Budapest Dance Group



Children's Traditional Drummer Group



Adult Traditional Drummer Group

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The Foundation's Relationship to IANDS

- Members of the Foundation have attended IANDS Conferences
 - 2015 – San Antonio, Texas
 - 2016 – Orlando, Florida
 - 2017 – Westminster, Colorado
- Robert and Suzanne attended the Cultural Gathering in 2016
 - Robert addressed the Cultural Gathering audience on behalf of the IANDS Board of Directors and IANDS members
 - They met with Tibor, Piroska, and several Foundation members in Királd
 - ... for several discussions about Tibor's NDE, NDEs in general, and the purpose of IANDS Groups to support NDErs
- Subsequently, the Light of Love Foundation became an official IANDS International Group
 - The purpose of the IANDS Group meetings is to provide an opportunity for conversation and expression for people who have had an NDE or similar experience — or who simply want to help their fellow human beings.
 - Piroska is the IANDS Group Leader

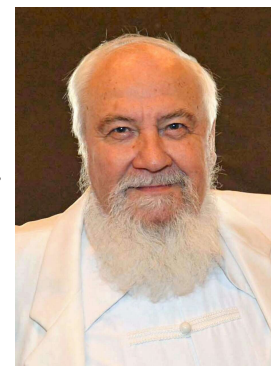


Tibor & Piroska

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A Tribute to Tibor Putnoki

- NDErs frequently report that we plan our life on Earth before our birth
- For Tibor, it's clear that his life plan had many challenges for him to face
 - Despite the many trials and setbacks in Tibor's life, we can see the weaving of destiny in his life leading up to his NDE.
 - Tibor's Life Review contrasted what he *did* with what he *could have done*.
 - He underwent a life transforming turnaround—the decision that people *should be told not to live the way he had*. This decision became his life task.
 - But Tibor could not simply *talk* about his NDE and about Love, because Love is made *visible* here on the Earth only through *actions* and *deeds*.
- So, Tibor devoted the last third of his life, teaching and showing people how they could live and grow in the Light of Love, together in a community.
 - The Light of Love Foundation activities are a testament of the wisdom and guidance of the spiritual forces working through Tibor, with the principles of unconditional Love; recognition and acceptance of the uniqueness of each individual; and total freedom, acting only out of one's own conscience
 - The stark contrast between the abandonment and loneliness of Tibor's childhood with the Love in the community of thousands of people in the Foundation shows the transformative power of his NDE.
- It is now the task of those who remain to carry on Tibor's vision. His guidance and Love are always active with us all.



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